

For Seniors

Café Connections - Home Delivered Hot meals delivered directly to homes of persons 60 years of age and over for a suggested donation of \$3.75 a meal. Please call (608) 269-8690.

Café Connections/Senior Dining Sites

Provides hot, nutritious noon meals to persons 60 years of age and over for a suggested donation of \$3.50 a meal. Please call your local Dining Site to reserve your meal the day before you want to eat.

- **Cashton Meal Site** - (608) 487-6129
812 Main St
Serving Time: 11:30 am
- **Kendall Meal Site** - (608) 463-7622
Kenview Manor, 412 Spring Street
Serving Time: 11:30 am
- **Norwalk Meal Site** - (608) 343-3158
Norcrest Senior Housing
206 West Center St
Serving Time: 12:00 pm (noon)
- **Sparta Meal Site** - (608) 269-6778
Sparta Community Center, 1000 E. Montgomery St
Serving Time: 11:30 am
- **Tomah Meal Site**- (608) 372-7291
Kupper-Ratsch Senior Center
1002 Superior Avenue
Serving Time: 11:30 am
- **Wilton Meal Site** - (608) 487-6130
Wilton Fire Station, 806 Railroad Street
Serving Time: 11:30 am

Senior Farmers Market Nutrition Program (FMNP) -Available seasonally to those 60+ and under 180% of the federal poverty level. Contact the ADRC at 608-269-8609 or 888-339-7854 for more information.

Mobile Pantry

SERVICE DESCRIPTION:

Non-perishable and perishable food such as milk, juice, bread and fresh produce is provided.

ELIGIBILITY: General public; no geographic eligibility restrictions (i.e., restricted to residents of specific county, or school district, etc) for receiving food at any/all of the Second Harvest mobile pantries.

Website: www.secondharvestmadison.org
(608) 216-7225 (Monroe County Rep)
(608) 223-9121 (Main telephone number)

- **Sparta:** 1800 Block of Milwaukee St, Sparta 3rd Monday starting at 4 pm.
- **Tomah:** Fairgrounds (1625 Butts Avenue), 1st Tuesday starting at 4 pm.
- **Norwalk:** Community Center (200 North St), Last Tuesday of month, starting at 11 am.

Emergency Help

Families First

Please call for an appointment
(608) 374-4141

1118 W Veterans St, Tomah

Website: www.familiesfirstofmonroecounty.org
Services: Provides preventive family support services (as funding allows) and assists in temporary crisis situations. Diapers and clothing vouchers for families in need.

Salvation Army

1-800-264-6412

Services: Provides emergency services in area of basic needs (food, shelter, fuel); some assistance may be available in disaster, health care needs, and "Christmas Cheer".

Great Rivers 211

Visit wisummerfood.org or call 211

Text "food" to 877-877 to find meals near you.

Monroe County Food & Nutrition Resources



Monroe County Health Department
315 West Oak Street, Suite B
Sparta, WI 54656
(608) 269-8666

Download Brochure at:
www.co.monroe.wi.us/departments/health-department/
Updated 6.2018

Sparta

Couleecap, Inc.

(608) 269-5021

217 N Black River St (Jones Plaza)

Office Hours: Mon, Wed & Thurs 10am - 2pm

Food Pantry Hours: Mon & Thurs 10am - 2pm

Website: www.couleecap.org

Services: Supportive Housing, Homeless Prevention Program, Food Pantry.

*Food Pantry serves western Monroe County (Sparta, Angelo, Melvina, Leon, Norwalk, and surrounding areas)

Ecumenical Food Pantry

For more information call Trinity Lutheran Church (608) 269-5081

114 N Water St

Mon-Thurs 10am–12 pm, Tues 5–7 pm

Meadowview School Food Pantry

(608) 269-3151

1225 North Water St, Room A120

Wednesdays 4-6 pm

Serves families with children enrolled in the Sparta Area School District.

United Methodist Church

(608) 269-6949

210 N Court St

Offers full meals on Tues from 5-6pm

Meals are FREE! Donations accepted.

Ladles of Love

608-633-9072

1000 E Montgomery St

Thurs 6-8 pm (serve at 6 pm)

Free meal site where people of all ages can come for a home cooked meal and socialize.

Tomah

Neighbor for Neighbor Food Pantry

(608) 372-6737

1118 W Veterans St

Mon 1-3:30 pm; 2nd and 4th Wed of each month from 3:30-6 pm; Thurs 10 am-12 pm

Website: www.nfnfoodpantry.org

*Serves eastern Monroe County (Tomah, Tunnel City, Wyeville, Camp Douglas, Clifton, Warrens, Oakdale, Kendall, Norwalk, Wilton)

Tomah Community Table

(608) 343-7039

Tomah Masonic Lodge, East Entrance

520 E Saratoga St

Services: Offers full meals on Mondays from 4:30-5:30 pm. Closed certain Holidays.

Other Areas

Cashton Cupboard and Closet

(608) 654-5770

199 Front St

Mon-Fri 10 am to 4 pm

Sat 10 am to 1 pm

Ontario Food Pantry

Please call for an appointment

(608) 337-4656

Grace Community Church

Ontario, Norwalk area

Wilton Food Pantry

(608) 435-6922

Wilton Community Center

400 East St

Tuesdays 1-2 pm or please call for an appointment

Other Food Resources

WIC—Women, Infants and Children Special Supplemental Nutrition Program

Please call for an appointment

(608) 269-8671

315 West Oak St, Suite B, Sparta

E-mail:

www.MonroeCounty.WIC@co.monroe.wi.us

Services: Provides nutritional counseling and health referrals with supplemental food packages for pregnant and post-partum women, infants, and children <age 5 who meet income qualifications and are determined to be at nutritional risk. Eligible families may also receive Farmers Market Nutrition Program (FMNP) checks from June 1-Sept 30. Like and follow us on Facebook.

FoodShare

Services: Formerly known as food stamps; help for people with little or no income to buy food. Western Region for Economic Assistance Consortium. 1-888-627-0430. Website: access.wisconsin.gov

FoodShare Helpline

1-877-366-3635 (toll-free)

English/Spanish. Language line is available. FoodShare Helpline offers information on FoodShare (food stamp) benefits eligibility by a trained Second Harvest specialist.

FoodShare Application Assistance

1-877-366-3635 (toll-free) Call for an appointment or a referral. Free, confidential, personalized application assistance is provided by a trained Second Harvest specialist at various sites throughout Monroe County.