



Monroe County Mental Health Coalition Agenda

Vision: Improved mental wellness of Monroe County

Mission: "Improve access to mental wellness services and reduce stigma across the generations"

Date: **Thursday, January 20th, 2022** Location: **Online/Phone**

Facilitators: Vicki Riley, April Anderson **Recorder: Eryn Leahy**

Invitees: Ron Hamilton, Human Services; Mary Busching, Community Member; Rebecca Brandon, Mayo Clinic Sparta; Terry Rogalla, Fort McCoy; James Olson, Tomah VA; Jan Bruder, Brighter Tomorrows; Liz Evans, United Way; Christine Severson, Sparta Schools; Vicki Riley, Human Services; Natalie Morescki, Next Steps for Change; Scott Holum, Tomah Police Department; Wendy Patterson, Common Grounds Ministries; Amanda Kalisz, Gundersen Health System, Christie Harris, Gundersen Health System; Jeanne Meyer, Families First; Sierra Phillips, Tomah VA; Michelle Larson, DHS Western Region Office; Zachary Todd, DHS Western Regional Office; Katie Lelonek, Monroe County Health Department; Amber Kulig, Sparta Area School District; Lindsey Preston, Gundersen Health System-Sparta; Karn Ofte-Schroeder, Ho-Chunk Nation Behavioral Health; Haley Lamprecht, Sparta Area School District; Mary Jacobson, Family and Children’s Center; Amanda Falkers, AJ Falkers Counseling & Consulting Services; Amy Whitwam, Tomah Boys and Girls Club; Carmen Ortiz, Fort McCoy Army Community Services; Cindy Springborn, NOW School District; Dana Casberg, CouleeCap; Erin Jackson, Tomah VAMC; Ethan Hayes, Independent Living Resources; Jacqueline Bernard, Tomah VAMC; Joel Ames, Sparta Police Department; Jennifer Kukuk, Tomah VAMC; Lacie Ketelhut, Gundersen Health System; Michelle Clark, Tomah Area School District; Molly Betts, MHS Health; Rep. Nancy VanderMeer, 70th Assembly District; Carrie Olson, Community Member; Rep. Loren Oldenburg, 96th Assembly District; Ashley Santolin, Mayo Clinic Health System; Sarah Semrud, Office of Senator Brad Pfaff; Sean Sanford, Castle Rock Care; Brittany Sonie, Fort McCoy Army Community Services; Tammy Fischer, Fort McCoy Military & Family Life Counseling Program; Dr. Janet Nachowicz, Janet Nachowicz Counseling; Chris McGinnis, Mayo Clinic Health System; Julie Anderson, Community Member; Michelle Goldsmith, Tomah Health; Kevin Herman, Fort McCoy; Michelle Jorgensen, Mayo Clinic Health System-Tomah; Lorie Retzlaff, Fort McCoy; Kim Johnson and Doug Flock, Flocks Guardians; Spring Gunn, Community Member; Amanda Dinger, Arrow Behavioral Health/Next Steps for Change; Tia Meyer, Mayo Clinic Health System; Kaylynn Friend, Sparta School District; April Buchanan-Butler, Director of Family Promise of Monroe County; April Anderson, UW-Extension Monroe Co; Bridget Kimpel, Fort McCoy; Courtney Elliott, Gundersen Health System; Ryan Rayno, 181st Infantry Brigade, Fort McCoy

Attendees: Christina Wichman (Guest Speaker), April Anderson, Kaylynn Friend, Michelle Jorgensen, Ryan Rayno, Sierra Phillips, Amanda Dinger, Vicki Riley, Brittany Sonie, Eryn Leahy, Liz Evans, Molly Betts, Amanda Young, Chris Burks, Michelle Larson, Molly Betts, Terry Rogalla,

Item	Presenter	Information	Conclusion /Action
Guest Speakers	Dr. Wichman	The Periscope Project https://the-periscope-project.org/ <ul style="list-style-type: none"> • Mental healthcare of pregnant and post-partum women – working to empower frontlines • 1. Real-time consultation between eligible provider and perinatal psychiatrist • 2. Community resource information (database) • 3. Educational materials • Online enrollment process takes 2 minutes 	



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		<ul style="list-style-type: none"> • 877-296-9049 or theperiscopeproject@mcw.edu • Slides will be shared 	
Introductions /Icebreaker	All	Procedural	
Program/Agency Updates	All	<p>Anything anyone would like to share?</p> <p>April Anderson (UW-Extension)</p> <ul style="list-style-type: none"> • Virtual Strong Bodies new session January 10: 150 people • Aging Mastery program continuing classes until they run out of kits • COVID-19 Guidance and Mental Health resources for K-12 Schools webinar today at 2 p.m. <p>Kaylynn Friend (Sparta School District)</p> <ul style="list-style-type: none"> • Having a hard time getting providers in • Continue to get lots of referrals, wait lists with all providers in the community <p>Amanda Dinger (Arrow Behavioral Health/Next Steps for Change)</p> <ul style="list-style-type: none"> • Big spike over holiday season • Next Steps for Change: 15 referrals in 2 weeks • Working in jails and talking about doing peer meetings with residents • Book drive collected 300 books for residents of jail • Needle exchange for 2021: 78 exchanges and handed out over 300 doses of Narcan <p>Vicki Riley (Monroe Co. Human Services)</p> <ul style="list-style-type: none"> • Hiring phase with lots of staff turnover • 26 people ready for admission, very busy • Continuing to outreach to schools <p>Brittany Sonie (Fort McCoy)</p> <ul style="list-style-type: none"> • Bringing awareness to military families about teen dating violence 	



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		<ul style="list-style-type: none"> • Teen Dating Violence Awareness Month February 19, 2022 @ 1:00-2:30 Fort McCoy South Post Community Center Michelle Jorgensen (Mayo Clinic Health System-Tomah) • Reach out to Mayo with initiatives - funds available Sierra Phillips (Tomah VA) • Working to have presentation for racial and healthcare disparities and finding ways to continue dialogue • Moving forward with trauma informed care work: offering presentations and webinars • Second Victim: professional peer support • Women's group and LGBT groups both meeting virtually • 5 positions available for peer specialists Terry Rogalla (Fort McCoy) • Mission is starting to wrap up at end of month • February, beginning of March will only be ~100 • Supporting returning soldiers with reintegration • Vet center eligibility changed January 2nd 	
Continuity of Coalition	All	<p>Discussion about moving forward</p> <ul style="list-style-type: none"> • Taking turns to facilitate meetings for the year • Feb: Liz Evans, March: Molly Betts, April: Terry Rogalla, May: Vicki Riley, June: April Anderson, Aug: Sierra Phillips, Sept: Michelle Jorgensen, Oct: Kaylynn Friend, Nov: Brittany Sonie • Facilitator will send agenda to Eryn and she will send meeting minutes, meeting link, and agenda to group 	



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		<ul style="list-style-type: none"> • Ask April, Liz or Eryn if you need help with agenda 	
Follow up on Jail Book Project funding	All	Update <ul style="list-style-type: none"> • Book drive collected 300 books for residents of jail • Can still donate books or contact Amanda 	
Review and closing	All	Review action items, and any next agenda items. <ul style="list-style-type: none"> • Not sure how we will be for mental health month in May (virtual or in-person) – speaker, training, etc. • Amanda Dinger volunteered to speak about lived experience during the event • Come to next meeting with ideas • Reminder at end of meeting for next facilitator 	
Next Meeting		Next Meeting: February 17th, 8:00-9:30. Virtual. Facilitator: Liz Evans	