



## Monroe County Mental Health Coalition Agenda

*Vision: Improved mental wellness of Monroe County*

*Mission: "Improve access to mental wellness services and reduce stigma across the generations"*

Date: **Thursday, February 16, 2022**      Location: **Online/Phone**

**Facilitators: Liz Evans      Recorder: Eryn Leahy**

Invitees: Ron Hamilton, Human Services; Mary Busching, Community Member; Rebecca Brandon, Mayo Clinic Sparta; Terry Rogalla, Fort McCoy; James Olson, Tomah VA; Jan Bruder, Brighter Tomorrows; Liz Evans, United Way; Christine Severson, Sparta Schools; Vicki Riley, Human Services; Natalie Morescki, Next Steps for Change; Scott Holum, Tomah Police Department; Wendy Patterson, Common Grounds Ministries; Amanda Kalisz, Gundersen Health System, Christie Harris, Gundersen Health System; Jeanne Meyer, Families First; Sierra Phillips, Tomah VA; Michelle Larson, DHS Western Region Office; Zachary Todd, DHS Western Regional Office; Katie Lelonek, Monroe County Health Department; Amber Kulig, Sparta Area School District; Lindsey Preston, Gundersen Health System-Sparta; Karn Ofte-Schroeder, Ho-Chunk Nation Behavioral Health; Haley Lamprecht, Sparta Area School District; Mary Jacobson, Family and Children's Center; Amanda Falkers, AJ Falkers Counseling & Consulting Services; Amy Whitwam, Tomah Boys and Girls Club; Carmen Ortiz, Fort McCoy Army Community Services; Cindy Springborn, NOW School District; Dana Casberg, CouleeCap; Erin Jackson, Tomah VAMC; Ethan Hayes, Independent Living Resources; Jacqueline Bernard, Tomah VAMC; Joel Ames, Sparta Police Department; Jennifer Kukuk, Tomah VAMC; Lacie Ketelhut, Gundersen Health System; Michelle Clark, Tomah Area School District; Molly Betts, MHS Health; Rep. Nancy VanderMeer, 70th Assembly District; Carrie Olson, Community Member; Rep. Loren Oldenburg, 96th Assembly District; Ashley Santolin, Mayo Clinic Health System; Sarah Semrud, Office of Senator Brad Pfaff; Sean Sanford, Castle Rock Care; Brittany Sonie, Fort McCoy Army Community Services; Tammy Fischer, Fort McCoy Military & Family Life Counseling Program; Dr. Janet Nachowicz, Janet Nachowicz Counseling; Chris McGinnis, Mayo Clinic Health System; Julie Anderson, Community Member; Michelle Goldsmith, Tomah Health; Kevin Herman, Fort McCoy; Michelle Jorgensen, Mayo Clinic Health System-Tomah; Lorie Retzlaff, Fort McCoy; Kim Johnson and Doug Flock, Flocks Guardians; Spring Gunn, Community Member; Amanda Dinger, Arrow Behavioral Health/Next Steps for Change; Tia Meyer, Mayo Clinic Health System; Kaylynn Friend, Sparta School District; April Buchanan-Butler, Director of Family Promise of Monroe County; April Anderson, UW-Extension Monroe Co; Bridget Kimpel, Fort McCoy; Courtney Elliott, Gundersen Health System; Ryan Rayno, 181<sup>st</sup> Infantry Brigade, Fort McCoy; Tia Hewuse, Family Promise Monroe County;

**Attendees:** Liz Evans, Eryn Leahy, April Anderson, Tia Hewuse, Vicki Riley, Terry Rogalla, Molly Betts, Michelle Jorgensen, Amanda Dinger, Brittany Sonie

| Item                      | Presenter | Information  | Conclusion /Action |
|---------------------------|-----------|--|--------------------|
| Introductions /Icebreaker | All       | Procedural   |                    |
| Program/Agency Updates    | All       | Anything anyone would like to share?<br><br>Tia Hewuse (Family Promise Monroe County) <ul style="list-style-type: none"> <li>• New position at Family Promise Monroe County – started this week!</li> </ul> Terry Rogalla (Fort McCoy) <ul style="list-style-type: none"> <li>• Last Afghan guest left Fort McCoy to be resettled on Tuesday.</li> </ul> |                    |



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|------------------------------|-----|---|--|
|                              |     | <ul style="list-style-type: none"> <li>• Soldiers are wrapping things up – busy with reintegration trainings.</li> </ul> <p>April Anderson (UW Extension)</p> <ul style="list-style-type: none"> <li>• Will be trained as Youth Mental Health First Aid instructor at beginning of March!</li> <li>• Working on youth mental health fact sheets- info being translated and will be shared once done.</li> </ul> <p>Mandy Dinger (Arrow Behavioral Health/Next Steps for Change)</p> <ul style="list-style-type: none"> <li>• Next Steps for Change got their 100<sup>th</sup> referral!</li> <li>• Needle exchange has Fentanyl test strips and nasal Narcan at Neighborhood Family Clinic.</li> </ul> <p>Vicki Riley (Monroe Co. Human Services)</p> <ul style="list-style-type: none"> <li>• Jail training on March 22 and 24 for mental health and trauma-informed care.</li> </ul> <p>Brittany Sonie (fort McCoy)</p> <ul style="list-style-type: none"> <li>• Teen Dating Violence event at Fort McCoy– share with military families that have teenagers.</li> <li>• Flyer is attached with meeting minutes.</li> </ul> <p>Liz Evans (United Way)</p> <ul style="list-style-type: none"> <li>• Managing the Facebook page – send ideas!</li> <li>• Eryn can help with postings as well.</li> </ul> |  |
| Mental Health Month Planning | All | <p>May is Mental Health Awareness Month</p> <ul style="list-style-type: none"> <li>• Set a date, reserve a spot, and decide in-person vs. virtual as we get closer to the date.</li> <li>• Vicki will try to book a room on May 5 or 12.</li> <li>• Person with lived experience, some sort of training, and proclamation signed by elected officials.</li> <li>• Educational opportunity like last year's Mindful Movement for Mental Health?</li> <li>• Molly Betts can help with Mental Health walk – plan virtually, possibly in-person section added?</li> </ul>   |  |



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|                    |     | <ul style="list-style-type: none"> <li>Youth Mental Health First Aid training presentation that encourages people to do full training?</li> <li>Planning committee should start meeting soon – Doodle poll will be sent to find a day to meet.</li> </ul> |  |
| Review and closing | All | Review action items, and any next agenda items. <ul style="list-style-type: none"> <li>Last month's minutes approved.</li> <li>Next meeting: Continue planning for Mental Health Month.</li> <li>Next meeting: RTIC overview for new members.</li> </ul>  |  |
| Next Meeting       |     | <b>Next Meeting: March 17<sup>th</sup>, 8:00-9:30. Virtual.</b><br><b>Facilitator: Molly Betts</b>  |  |