



**Wednesday, February 9th 2021**  
 1:30-2:30 p.m.  
**Virtual**

**Facilitator: April Anderson**

**Recorder: Laura Reutlinger and Lynn Edwards**

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; Danielle Krozel, Great Rivers HUB; Lynn Edwards/Patricia Hagen, WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Sherry Harris/Aly Martin Lopez/Ashley Hemmersbach, Scenic Bluffs Health Center; Cindy Thesing, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Ashley Santolin, Mayo Clinic Health System; Patti Abbott/Pam Weber, ADRC; Emily Newberry/Julie Anderson/Michele Lindsay/Madeline Stoffel, Tomah Health; Natalie Czarkowski, Hunger Relief Federation; Jordyn Crane, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Jeanette Burlingame, Community Health Solutions-Viroqua

Item	Presenter	Information
Introductions	April	<ul style="list-style-type: none"> <li>• Attendees: April Anderson, Laura Reutlinger, Lynn Edwards, Jayne Harris, Patti Abbott, Ashley Santolin, and Jordyn Crane</li> </ul>
Minutes	April	Review and approve <ul style="list-style-type: none"> <li>• Minutes approved from January meeting. No changes noted.</li> </ul>
Goals, Objectives & Strategies	April	<p><b>1. Survey results</b></p> <p>-Google Forms survey was completed over the last month to learn more about best meeting times and how to make meetings most beneficial. Several organizations responded. April shared the results for group discussion:</p> <p><i>Meeting Date/Times</i></p> <p>-Monday and Tuesdays 1-2pm had most votes, a few comments said Monday's do not work</p> <p>-over 90% of respondents wanted virtual meetings</p> <p>- 2<sup>nd</sup> Tuesday of the month from 1-2pm, virtual, was proposed as the new meeting time. Member in attendance approved.</p>

		<p>--April will send out calendar invite with Zoom link. Minutes/Agenda will also be included in an update as the meeting date approaches.</p> <p>--April will also send Zoom link/agenda/minutes in an email to everyone as it was noted that not everyone uses an electronic calendar on a regular basis.</p> <p><b><i>What would make meetings most beneficial?</i></b>  -Responses included: shorten time frame to 1 hour, no monthly icebreaker needed, only share updates pertinent to nutrition/health/food security, and meetings are helpful for networking and information sharing.</p> <p><b><i>Why aren't people able to join meeting?</i></b>  -Responses included: time/day doesn't work, 1.5 hours is too long, staffing issues/unable to step away from work duties, meeting information is not helpful, get all the info they need from the minutes sent via email.</p> <p><b>2. Dining with Diabetes Program</b>  --April shared that this program helps individuals learn strategies to manage their diabetes through menu planning, carbohydrate counting, portion control, and label reading. Participants have the opportunity to sample healthy foods made utilizing concepts taught.</p> <p>-Consists of 3 classes -2 hours each with 1 week apart. In addition there is one follow-up reunion class 3-6 months after the last class in the series. Maximum suggested size of 30 participants. This program is intended to occur in-person, but it has also occurred online. Those in attendance thought the program was a great idea.</p> <p>-April expressed interested in offering program to Monroe County, especially as it fits into Coalition's Strategic Plan goal of increasing diabetes education resouces.</p> <p>-The question was posed if this program currently being offered by other Extention locations? If so, what is their experience like? April will follow up for more info.</p> <p>-Second Harvest looking to relauch Diabetes Education program. Connect with Jordyn Crane if you know of any diabetes ed programs happening in the county or other agencies that offer this</p>
--	--	--

		<p>type of programming. (Previous offerings have included a virtual cooking class once per month to learn how to use what comes in food box from Second Harvest).</p> <p>-Mayo has Mobile Teaching Kitchen for cooking demonstrations. Food Service has previously done cooking demonstrations with partners. Might be opportunity for collaboration in future. This program has had low attendance in the past and it was expressed that they would want help with advertisement and outreach if this program/partnership occurs in the future.</p> <p><b>3. WI Chili Lunch</b></p> <p>-April shared update on this event which is occurring on Thursday 2/24/22</p> <p>-Statewide event meant for schools and other organizations to participate together. Shares recipes utilize local ingredients to prepare chili</p> <p>-Nutrition Coalition has participated in the past. Info was shared on Facebook (on MCHD and WIC pages) last year.</p> <p>-Attendees agreed that virtual/social media participation would be a good idea for the Coalition this year. Laura will share link to the website and social media info with the Coalition email list to share through their own organizations. Laura will share event info to MCHD Facebook Page on 2/24/22.</p> <p>Here is the link to the event page: <a href="https://cias.wisc.edu/our-events/chililunch/">https://cias.wisc.edu/our-events/chililunch/</a></p>
Current Projects	All	The members in attendance decided that it would streamline the meeting by sending any updates in advance. April will provide a Google Doc one week before meeting where members could enter updates. That would save multiple emails and keep everything together.
	Laura	<p><b>Health Department updates</b></p> <p>Hired 2 new Community Health Educators, both started in January.</p> <p>Staff continues to be very busy with COVID-19 response with disease investigation and outbreak management, vaccination clinics, and testing.</p>
	Patti	<b>ADRC Updates</b>

	<p>6 Monroe County Senior Meal Sites will receive education for National Nutrition Month along with an opportunity to play bean bag toss. Each attendee will receive a gift bag with all of the ingredients (except onion and ground beef) to make a chili recipe using recipe provided. This opportunity was made possible through a grant from Viterbo University.</p> <p>Flavorful Fish for Senior Meals during Lent-Pam Weber applied for a grant through Mayo Clinic Health System to provide seafood to our participants during the Lenten season. Goal was to provide higher quality heart healthy meals including salmon, cod, haddock, crab cakes and tilapia.</p> <p>Lynn has a Viterbo dietetic intern with her and ADRC until March 11<sup>th</sup> who is working on these different projects.</p> <p>Wilton Meal site has secured 2 people to as Site Managers who will each work 2 days allowing the program to offer 2 days a week instead of 2.</p> <p>Cashton area is in need of drivers for the meal program so if you know if anyone please have them contact Patti Abbott <a href="mailto:Patti.Abbott@co.monroe.wi.us">Patti.Abbott@co.monroe.wi.us</a></p>
Lynn	<p><b>WIC and Fit Families Updates</b>  Increase in Cash Value Benefit (CVB) to purchase fresh, frozen and canned fruits and vegetables was extended through March 31, 2022 (\$24/month children, \$43/month pregnant, non-breastfeeding postpartum, and some breastfeeding women, and \$47/month mostly and fully breastfeeding women). State WIC is hopeful it will continue to be extended. Extension public health emergency until mid-July. WIC will continue with flexibilities and remote services option</p>
Heidi	<p><b>Sparta Chamber and Kiwanis updates</b>  no Rep attended, no updates</p>
Danielle	<p><b>HUB updates</b>  no Rep attended, no updates</p>
Emily	<p><b>Tomah Health Updates</b>  no Rep attended, no updates</p>
Ashley Santolin	<p><b>Mayo Clinic Updates</b>  Mayo Clinic Health System has food insecurity funding available. If interested please contact Ashley directly. <a href="mailto:Santolin.Ashley@mayo.edu">Santolin.Ashley@mayo.edu</a></p>

Ashley Hemmersbach	<b>Scenic Bluffs Health Center Updates</b> no Rep attended, no updates
Cindy	<b>Sparta School District Updates</b> no Rep attended, no updates
Jesse	<b>Tomah School District Updates</b> no Rep attended, no updates
Jayne & Theresa	<p><b>Ecumenical &amp; CouleeCap Updates</b></p> <p>Shelves are well-stocked but they are not seeing the numbers coming in. They are throwing away a lot of produce. Jayne asked about getting recipes for items such as eggplant and mango as many do not take as they do not know how to use. Jordyn offered some assistance. She was also referred to resources to help her that are already developed: <i>(link is also on the bottom of our minutes each time)</i></p> <p>1. The Wisconsin Harvest of the month website. Note you have to complete a 1-time survey/signup so they know who is utilizing. This allows you to download all of the information. <a href="https://healthyliving.extension.wisc.edu/programs/harvest-of-the-month/">https://healthyliving.extension.wisc.edu/programs/harvest-of-the-month/</a></p> <p>2. Nutrition Coalition's 2021-2022 Harvest of the Month recipes: <a href="https://healthymonroecowi.org/wp-content/uploads/2022/02/Harvest-of-the-Month-July-2021-June-2022.pdf">https://healthymonroecowi.org/wp-content/uploads/2022/02/Harvest-of-the-Month-July-2021-June-2022.pdf</a></p> <p>Ft McCoy has also provided excess baby care items that they have in stock and asked Coalition members to spread the word.</p>
April	<b>UW-Extension Updates</b> April is working on the following grants: Healthy School Milk Grant and School Breakfast Expansion grants.
Doug	<b>Neighbor for Neighbor Food Pantry Updates</b> no Rep attended, no updates
Jordyn Crane & Megan VanderWyst	<b>Second Harvest &amp; HungerCare Coalition Update</b> Press release for the Food Equity Capacity Grant from Second Harvest Food Bank was shared with coalition members via email with Feb minutes.

		The link to the grant information is here: <a href="https://www.secondharvestmadison.org/partner-resources/food-equity-capacity-grant">https://www.secondharvestmadison.org/partner-resources/food-equity-capacity-grant</a>  Jordyn is looking for community and clinical healthcare partners in Monroe County who are interested in the HungerCare Wellness Box Program (monthly nutritionally-tailored food box for folks experiencing food insecurity and managing diabetes or heart disease). Please reach out to <a href="mailto:Jordync@shfbmadison.org">Jordync@shfbmadison.org</a>
	Jeannette	<b>Community Health Solutions Updates</b> no Rep attended, no updates
	Natalie	<b>Hunger Relief Federation Updates</b> no Rep attended, no updates
	Monroe County Health Organization	<b>Updates</b> No update shared via email
	All	Other things to share, new ideas, etc.?  Laura reached out to Scenic Bluffs for representation on the coalition: Ashley Hemmersbach (health educator) agreed to join the coalition.
		Meeting adjourned at 2:20pm
Next Meeting		<b>Virtual – Tuesday 3/8 from 1pm-2pm</b> <b>*Future meetings will move to 2<sup>nd</sup> Tuesday of the month from 1pm-2pm, virtual.</b>

#### Parking Lot:

1. Meetings with schools- this includes Sparta, Cashton, NOW and Tomah. (Kayleigh attended Sparta School District’s Wellness Committee meeting).
  - a. Group reviewed strategic plan in March and discussed adding the following: Gundersen’s 500 Club b. Community Gardens
2. Growing Together Grant towards use of a community garden was tabled in February ‘21 due to short deadline but is definitely of interest for the Nutrition Coalition for 2022.

#### Ongoing

1. ADRC has a monthly newsletter, which reaches every mailbox in Monroe County. Members are invited to submit pertinent information for newsletter placement at no cost by emailing Pam Weber.
2. Monroe County Community Health Organization- a 501©3 which houses fundraising efforts for backpack program as well as other community health improvement projects and programs.

3. The Wisconsin Harvest of the month website. Note you have to complete a 1-time survey/signup so they know who is utilizing. This allow you to download all of the information. <https://healthyliving.extension.wisc.edu/programs/harvest-of-the-month/>
4. WIC [Facebook](#) and [Instagram](#) links.
5. Sparta Chamber website: <https://www.bikesparta.com/>
6. Food and Nutrition Resource pamphlet for Monroe County <https://www.co.monroe.wi.us/home/showpublisheddocument?id=20298>
7. Request form for Fruit and Vegetable Corn hole and Face Photo board <https://healthymonroecowi.org/chip/#mcnc>