



Monroe County Mental Health Coalition Agenda

Vision: Improved mental wellness of Monroe County

Mission: "Improve access to mental wellness services and reduce stigma across the generations"

Date: **Thursday, March 17, 2022** Location: **Online/Phone**

Facilitators: Molly Betts Recorder: Eryn Leahy

Invitees: Ron Hamilton, Human Services; Mary Busching, Community Member; Rebecca Brandon, Mayo Clinic Sparta; Terry Rogalla, Fort McCoy; James Olson, Tomah VA; Jan Bruder, Brighter Tomorrows; Liz Evans, United Way; Christine Severson, Sparta Schools; Vicki Riley, Human Services; Natalie Morescki, Next Steps for Change; Scott Holum, Tomah Police Department; Wendy Patterson, Common Grounds Ministries; Amanda Kalisz, Gundersen Health System, Christie Harris, Gundersen Health System; Jeanne Meyer, Families First; Sierra Phillips, Tomah VA; Michelle Larson, DHS Western Region Office; Zachary Todd, DHS Western Regional Office; Katie Lelonek, Monroe County Health Department; Amber Kulig, Sparta Area School District; Lindsey Preston, Gundersen Health System-Sparta; Karn Ofte-Schroeder, Ho-Chunk Nation Behavioral Health; Haley Lamprecht, Sparta Area School District; Mary Jacobson, Family and Children's Center; Amanda Falkers, AJ Falkers Counseling & Consulting Services; Amy Whitwam, Tomah Boys and Girls Club; Carmen Ortiz, Fort McCoy Army Community Services; Cindy Springborn, NOW School District; Dana Casberg, CouleeCap; Erin Jackson, Tomah VAMC; Ethan Hayes, Independent Living Resources; Jacqueline Bernard, Tomah VAMC; Joel Ames, Sparta Police Department; Jennifer Kukuk, Tomah VAMC; Lacie Ketelhut, Gundersen Health System; Michelle Clark, Tomah Area School District; Molly Betts, MHS Health; Rep. Nancy VanderMeer, 70th Assembly District; Carrie Olson, Community Member; Rep. Loren Oldenburg, 96th Assembly District; Ashley Santolin, Mayo Clinic Health System; Sarah Semrud, Office of Senator Brad Pfaff; Sean Sanford, Castle Rock Care; Brittany Sonie, Fort McCoy Army Community Services; Tammy Fischer, Fort McCoy Military & Family Life Counseling Program; Dr. Janet Nachowicz, Janet Nachowicz Counseling; Chris McGinnis, Mayo Clinic Health System; Julie Anderson, Community Member; Michelle Goldsmith, Tomah Health; Kevin Herman, Fort McCoy; Michelle Jorgensen, Mayo Clinic Health System-Tomah; Lorie Retzlaff, Fort McCoy; Kim Johnson and Doug Flock, Flocks Guardians; Spring Gunn, Community Member; Amanda Dinger, Arrow Behavioral Health/Next Steps for Change; Tia Meyer, Mayo Clinic Health System; Kaylynn Friend, Sparta School District; April Buchanan-Butler, Director of Family Promise of Monroe County; April Anderson, UW-Extension Monroe Co; Bridget Kimpel, Fort McCoy; Courtney Elliott, Gundersen Health System; Ryan Rayno, 181st Infantry Brigade, Fort McCoy; Tia Hewuse, Family Promise Monroe County;

Attendees: April Anderson, Eryn Leahy, Jeanne Seippel Meyer, Jan Bruder, Liz Evans, Terry Rogalla, Lindsey Goyette, Molly Betts, Michelle Larson, Jess Groll, Vicki Riley

Item	Presenter	Information	Conclusion /Action
Introductions /Icebreaker	All	Procedural	
Program/Agency Updates	All	Anything anyone would like to share? Molly Betts <ul style="list-style-type: none"> • Transportation council is still working through issues with VEO with the state. April Anderson <ul style="list-style-type: none"> • Passed training to be youth mental health first aid trainer- first class is April 4! 	



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		<ul style="list-style-type: none"> • Fact sheets will be ready to share soon. • 4H club leader asked for a 30 min. fun, mental health activity. <p>Jan Bruder</p> <ul style="list-style-type: none"> • Recently hired a therapist (Carrie Olson) to facilitate the 12-week support group. Held virtually, anyone can join: Wednesdays from 1-2:30 p.m. • Sol is finishing official training to be service dog in the summer! <p>Lindsey Goyette</p> <ul style="list-style-type: none"> • Joining the coalition again! Involved with MH at HD. <p>Eryn Leahy</p> <ul style="list-style-type: none"> • Mental health and seasonal depression presentation at Sparta Arms next Tuesday. <p>Terry Rogalla</p> <ul style="list-style-type: none"> • Suicide prevention and substance use prevention trainings at Fort McCoy. Focus on PREVENTION, not intervention: risk factors, protective factors, etc. • Encouraging people to take advantage of resources. • Alcohol awareness month next month: wrecked car and education at Fort McCoy. <p>Liz Evans</p> <ul style="list-style-type: none"> • RTIC is having Lunch and Learns Thursdays in May at noon. We will share more information soon. <p>Jess Groll</p> <ul style="list-style-type: none"> • Housing voucher that requires mental health diagnosis to get long-term, stable housing for people. • Staff trainings: Self-care, burnout, and trauma-informed care. Can share with the group. <p>Michelle Larson</p> <ul style="list-style-type: none"> • April 21-22: Prevent Suicide WI Conference: https://www.preventsuicidewi.org/agenda 	
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Mental Health Month Planning	All	<p>May is Mental Health Awareness Month</p> <ul style="list-style-type: none"> • Who wants to be part of planning meetings? Meeting next week Monday at 2 p.m. • If anyone has ideas, please share! • Monroe County Board Room is scheduled 8-noon on May 5. Set-up will be May 4 evening. 	
Review and closing	All	<p>Review action items, and any next agenda items.</p> <ul style="list-style-type: none"> • Meeting minutes approved. • If anyone has additions for the next agenda, send to Terry or Eryn. 	
Next Meeting		<p>Next Meeting: April 21, 8:00-9:30. Virtual. Facilitator: Terry Rogalla</p>	