



Tuesday, April 12th 2021
 1:00-2:00 p.m.
Virtual

Facilitator: April Anderson

Recorder: Laura Reutlinger

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; Danielle Krozel, Great Rivers HUB; Lynn Edwards/Patricia Hagen, WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Sherry Harris/Aly Martin Lopez/Ashley Hemmersbach, Scenic Bluffs Health Center; Cindy Thesing, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Ashley Santolin, Mayo Clinic Health System; Patti Abbott/Pam Weber, ADRC; Emily Newberry/Julie Anderson/Michele Lindsay/Madeline Stoffel, Tomah Health; Natalie Czarkowski, Hunger Relief Federation; Jordyn Crane, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Jeanette Burlingame, Community Health Solutions-Viroqua

Attendees: April Anderson, Laura Reutlinger, Lynn Edwards, Pam Weber

Item	Presenter	Information
Introductions	April	March minutes approved
Minutes	April	Review and approve
Goals, Objectives & Strategies	All	<p>-Organization Spotlight- UW-Madison Division of Extension</p> <ul style="list-style-type: none"> • 6 categories <ul style="list-style-type: none"> ○ Health and Well-Being (April's focus) <ul style="list-style-type: none"> ▪ FoodWise (SNAP-Ed) ▪ Healthy Eating and Active Living ▪ Behavioral Health ○ Agriculture ○ Community Development ○ Human Development and Relationships ○ Natural Resources ○ Positive Youth Development (4-H) • Office Staff <ul style="list-style-type: none"> ○ Bill Halfman (Agriculture educator)

- Josh Goede (4-H Educator)
- Vicky Kast (Administrative Assistant)
- Adam Hady (Area Extension Director)
- April Anderson (Health & Well-Being Educator/FoodWise Coordinator)
- Offers canner lid testing (dial gauge testing). Contact April to make an appointment or drop off your canner lid at the Extension office
- April can answer food preservation/canning questions
- April also works with:
 - HCE program (used to be called Homemakers)
 - Monroe County Mental Health Coalition
 - Racial Equity Community of Practice (Statewide group)
 - Greener FoodWise (greener practices that are sustainable)

-Organization Spotlight for May? (Patti is no longer able to)

- Monroe County Health Department will be the May spotlight

-USDA-Nutrition Security

- See attached PDF in email
- Shift to using term “nutrition security” instead of “food security”
- Focus on having the “right calories” vs “enough calories”
- Question raised: Will this shift the focus of SNAP benefits to include more of the “right” foods? April will look into this to find more information.

-Food and Nutrition Resources Pamphlet update

- English version is done. Waiting for Nidia to translate into Spanish. Will distribute both at the same time. Lynn will share more at next month’s meeting.

-Extension of meals for summer update

- Summer extension did not get approved for schools
- WIC fruit/veg increased benefit is extended through September

-Harvest of the Month

- Can we use UW- Extension's free Harvest of the Month toolkit content instead of recreating our own?
 - <https://healthyliving.extension.wisc.edu/programs/harvest-of-the-month/>
 - Free registration for toolkit materials. Laura can register on behalf of Nutrition Coalition and put together materials (flyers, social media posts, newsletter content, etc) to distribute to community partners as has been previously done.
 - Discussion around need need for continued partnership with schools and history of Harvest of the Month in Monroe County was had.
 - Topic tabeled for further discussion. Only 4 members present at the meeting so waiting to include more of the group for decision making.

Upcoming Events:

- **Sparta Trail Celebration- Saturday, May 7th 8:30-4:00**
 - Last year April and Lynn helped out at this event. Had Blender Bike at the event. Mary Cook (Dairy Promotions group) and Heidi Prestwood provided smoothie ingredients.
 - Lynn provided amount of ingredients used last year and April will reach out to see if food can be donated again.
 - Is anyone else wanting to participate? Reach out to April or Lynn if interested
 - What activity should be provided this year?
 - Blender Bikes have been a hit. Bikes previously provided through YMCA in La Crosse and Mary Cook
 - MC Nutrition Coalition has a fruit/veg photo board and cornhole game. Lynn offered to provide for this year's event
 - No paper handouts---blow away easily and people aren't prepared to carry things with them (many are on bikes)
 - Pam shared that ADRC also has bikes that allow people who can't ride alone to take a bike ride. "Pilot" steers the bike and pedals, while rider sits on the "bench" in the front.

		<ul style="list-style-type: none"> • HCE/Monroe County Retired Educators—asked April to present on May 10th at 1:30pm at Barney Center
	Organization Updates	<p>Shared via Google Doc</p> <p>https://docs.google.com/document/d/15BTvBVb9KLIKOrRDUmXw0Tritbl2Fm6uUop42i33J8/edit</p>
	All	<p>Other things to share, new ideas, etc.?</p> <ul style="list-style-type: none"> ▪ April will update the calendar invite with new Zoom link that will work for a recurring series. Old series will be cancelled. New invite will be sent after May's meeting for June-December meetings.
Next Meeting		<p>Tuesday, May 10th 1-2pm</p> <p>Virtual</p> <ul style="list-style-type: none"> • Laura will send out Microsoft Teams link for next meeting.