



Monroe County Mental Health Coalition Agenda

Vision: Improved mental wellness of Monroe County

Mission: "Improve access to mental wellness services and reduce stigma across the generations"

Date: **Thursday, April 21, 2022** Location: **Online/Phone**

Facilitators: Terry Rogalla Recorder: **Eryn Leahy**

Invitees: Ron Hamilton, Human Services; Mary Busching, Community Member; Rebecca Brandon, Mayo Clinic Sparta; Terry Rogalla, Fort McCoy; James Olson, Tomah VA; Jan Bruder, Brighter Tomorrows; Liz Evans, United Way; Christine Severson, Sparta Schools; Vicki Riley, Human Services; Natalie Morescki, Next Steps for Change; Scott Holum, Tomah Police Department; Wendy Patterson, Common Grounds Ministries; Amanda Kalisz, Gundersen Health System, Christie Harris, Gundersen Health System; Jeanne Meyer, Families First; Sierra Phillips, Tomah VA; Michelle Larson, DHS Western Region Office; Zachary Todd, DHS Western Regional Office; Katie Lelonek, Monroe County Health Department; Amber Kulig, Sparta Area School District; Lindsey Preston, Gundersen Health System-Sparta; Karn Ofte-Schroeder, Ho-Chunk Nation Behavioral Health; Haley Lamprecht, Sparta Area School District; Mary Jacobson, Family and Children's Center; Amanda Falkers, AJ Falkers Counseling & Consulting Services; Amy Whitwam, Tomah Boys and Girls Club; Carmen Ortiz, Fort McCoy Army Community Services; Cindy Springborn, NOW School District; Dana Casberg, CouleeCap; Erin Jackson, Tomah VAMC; Ethan Hayes, Independent Living Resources; Jacqueline Bernard, Tomah VAMC; Joel Ames, Sparta Police Department; Jennifer Kukuk, Tomah VAMC; Lacie Ketelhut, Gundersen Health System; Michelle Clark, Tomah Area School District; Molly Betts, MHS Health; Rep. Nancy VanderMeer, 70th Assembly District; Carrie Olson, Community Member; Rep. Loren Oldenburg, 96th Assembly District; Ashley Santolin, Mayo Clinic Health System; Sarah Semrud, Office of Senator Brad Pfaff; Sean Sanford, Castle Rock Care; Brittany Sonie, Fort McCoy Army Community Services; Tammy Fischer, Fort McCoy Military & Family Life Counseling Program; Dr. Janet Nachowicz, Janet Nachowicz Counseling; Chris McGinnis, Mayo Clinic Health System; Julie Anderson, Community Member; Michelle Goldsmith, Tomah Health; Kevin Herman, Fort McCoy; Michelle Jorgensen, Mayo Clinic Health System-Tomah; Lorie Retzlaff, Fort McCoy; Kim Johnson and Doug Flock, Flocks Guardians; Spring Gunn, Community Member; Amanda Dinger, Arrow Behavioral Health/Next Steps for Change; Tia Meyer, Mayo Clinic Health System; Kaylynn Friend, Sparta School District; April Buchanan-Butler, Director of Family Promise of Monroe County; April Anderson, UW-Extension Monroe Co; Bridget Kimpel, Fort McCoy; Courtney Elliott, Gundersen Health System; Ryan Rayno, 181st Infantry Brigade, Fort McCoy; Tia Hewuse, Family Promise Monroe County;

Attendees: Eryn Leahy, Vicki Riley, April Anderson, Terry Rogalla, Mandy Dinger, Liz Evans, Michelle Larson, Chris Burks, Jeanne Meyer, Katherine Kasabuske, Nancy VanderMeer, Leah Peterson (Representative Loren Oldenburg), Brittany Sonie, Cindy Springborn

Item	Presenter	Information	Conclusion /Action
Introductions /Icebreaker	All	Procedural, Introductions and what animal would you be?	
Program/Agency Updates	All	Terry Rogalla (Fort McCoy) <ul style="list-style-type: none"> • Fort McCoy is ramping up for a busy season. • August exercise planning meeting to help understand how they can take care of their soldiers through mental health. Nancy VanderMeer (State Representative) <ul style="list-style-type: none"> • Bill signed into law at end of February: Act 131. 	



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		<ul style="list-style-type: none"> • Allows for psychologist to obtain an e-passport: increases access to mental health care. <p>April Anderson (UW Extension)</p> <ul style="list-style-type: none"> • Someone else will need to send a Zoom link for the next meeting. Liz Evans or Vicki Riley can host. • Second annual mindful movement for mental wellness month of May – spread the word! • Any donations, bring to UW Extension office. • Taught first MHFA class! <p>Mandy Dinger (Arrow Behavior Health, Next Steps for Change)</p> <ul style="list-style-type: none"> • Starting wait list for the first time ever – most places in the state have a huge wait list. • 128 referrals with Next Steps for Change. • Needle exchange has been very busy – overdoses create influx of Narcan and Fentanyl test strips. <p>Vicki Riley (Human Services)</p> <ul style="list-style-type: none"> • Issues with recruitment – 3 positions open in behavioral health, so very busy. • Shortage of availability of therapy – wait lists for therapists for both adults and youth. • Glitch with Medicaid/Medicare system. • Children Services has been holding events throughout the month for Autism Acceptance and Child Abuse Awareness months. <p>Liz Evans (United Way)</p> <ul style="list-style-type: none"> • RTIC is hosting Lunch & Learns every Thursday in May for mental health awareness. Share with people! • People presenting also need to register. 	
Mental Health Month Planning	All	<p>May is Mental Health Awareness Month:</p> <ul style="list-style-type: none"> • Eryn will get proclamation signed virtually. 	



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		<ul style="list-style-type: none"> • Kick-Off event: Virtual event. Invite everyone in, sign proclamation, person with lived experience, educational presentation. • Mandy: education on needle exchange, Narcan, next steps for change, everything going on plus lived experience presentation. • Eryn will create Jotform for virtual kick-off event. Will be shared on our Facebook and please share with your organizations. Zoom link will be sent 5/4. • RTIC Lunch & Learns will be Facebook events on our page. Register for the events on Thursdays in May and share with anyone and everyone! • We need a presenter for the May 19th lunch and learn event – Compassion Fatigue. • Flyers for all events are attached to this email with more information. 	
Review and closing	All	<p>Review action items, and any next agenda items.</p> <ul style="list-style-type: none"> • Join in the May events and share with everyone! • There will be a new Zoom link sent for next month's meeting, since April has off for her birthday. Happy Birthday April! 😊 	
Next Meeting		<p>Next Meeting: May 19, 8:00-9:30. Virtual. Facilitator: Vicki Riley</p>	