



FOR IMMEDIATE RELEASE

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Monroe County is Experiencing High COVID-19 Community Levels

Monroe County is now experiencing a high COVID-19 Community Level. During a high COVID-19 Community Level, there is potential for our local health care systems to be overwhelmed due to increased levels of circulating illness and severe disease. We urge every resident to take critical steps to protect their health and the health of the entire community:

- Be sure that you are up to date with COVID-19 vaccines by getting all recommended vaccinations and booster doses. It is not too late to get vaccinated!
- Know where to get tested if you develop symptoms of COVID-19 or are exposed to someone with COVID-19. Order free tests online from the federal government at [COVIDTests.gov](https://www.covidtests.gov).
- Stay home if you are feeling sick or if you test positive for COVID-19.
- Wear a well-fitting mask or respirator in public indoor settings, regardless of vaccination status.
- If you live with someone or frequently visit someone who is at increased risk for COVID-19, protect them by:
 - Wearing a well-fitting mask around them.
 - Using a self-test before gathering. If possible, it is always safer to gather outdoors.
- If you are at increased risk for severe COVID-19:
 - Talk with a health care provider about whether you need to wear a well-fitting mask or respirator or take additional precautions to prevent COVID-19 including accessing COVID-19 therapeutics. To find a clinic or health care provider near you, dial 2-1-1.
 - Consider staying 6 or more feet away from people in public indoor settings.

While COVID-19 continues to circulate throughout Wisconsin, Monroe County's Community Level may change. Residents can adjust their COVID-19 prevention strategies if Monroe County moves into a low or medium COVID-19 Community Level. Stay informed about Monroe County's COVID-19 Community Level and all COVID-19 information by visiting <https://healthymonroecowi.org/covid-19/>.

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Healthy People, Healthy Monroe County