



Tuesday, August 9th 2022 1:00-2:00 p.m.
Virtual

Facilitator: April Anderson

Recorder: April Anderson

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; Danielle Krozel, Great Rivers HUB; Lynn Edwards/Patricia Hagen, WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Sherry Harris, NP, Scenic Bluffs Health Center; Aly Martin Lopez, Scenic Bluffs Health Center; Cindy Thesing, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Meghan Kinney, Mayo Clinic Health System; Patti Abbott/Pam Weber, ADRC; Emily Newbury/Shayla Furlano/Ellie Kuehl, Tomah Health; Natalie Czarkowski, Hunger Relief Federation; Jordyn Crane, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Jeanette Burlingame, Community Health Solutions-Viroqua.

Attendees: April Anderson, Patti Abbott, Shayla Furlano, Meghan Kinney

Item	Presenter	Information
Introductions/Icebreaker	April	Icebreaker: What is your favorite kind of ice cream or treat?
Minutes	April	Review and approve: Approved
Goals, Objectives & Strategies	All	<p>-Organization Spotlight- Patti Abbott</p> <ul style="list-style-type: none"> • The Aging and Disability Resource Center (ADRC) is the Bureau of Aging and Disability Resources and a part of the Greater WI Agency on Aging Resources (GWAAR) • Benefit specialist programs, nutrition programs, Options counseling, transportation assistance • Patti is the Nutrition Program Director at the ADRC • She oversees 6 meal sites (Sparta, Tomah, Norwalk, Cashton, Wilton, Kendall) • Many people are involved: site managers, drivers, and subs • Meals are provided by a caterer and then packaged at meal sites • Nutrition education is provided at the sites/activities

-Organization Spotlight for September-???? –I forgot to ask this question during the meeting. If you're willing to be the spotlight, please let April know.

-Organization Updates (15 minutes)

Patti

- ADRC fully staffed

Shayla

- No updates

Meghan

- A new Mayo clinic representative will be joining our coalition in about three months.

April

- A new virtual session of Strong Bodies started July 18th and will go through September 28th. Working on offering in person classes this Fall.
- Wrapped up providing nutrition lessons with Herman Elementary WIN Program (1st-5th grade) near the end of July
- Will be doing senior nutrition lessons at Heritage Haven apartments in Sparta beginning August 24th

Updates sent via email:

Jeanette

- Natalie is no longer with the Hunger Relief Federation. Matthew Grover has taken over her position and his email is Matthew.Grover@hungertaskforce.org

- Hunger Relief Federation has launched the Badger State Box program. Once monthly, food boxes filled with about 30# of WI made perishable foods like meats, dairy, and fresh veggies, are distributed statewide. In Monroe County, the local hub is Neighbor for Neighbor. Dawn manages that program and her email is info@n4npantry.org
- I am waiting to hear back about the date(s) and time(s) but they are once a month and should be the same day of the week at the same time each month.
- CHS has an abundance of milk from Organic Valley. We aren't able to deliver it any farther than Cashton (CHS is in Viroqua) but any hunger relief organization that can use it is welcome to pick it up. CHS can donate heavy blankets for folks to keep the milk cold between our location and theirs.
- Details for the Neighbor for Neighbor Badger Box distributions. Wednesday, August 10th from 3 to 5 & Thursday, August 11th from 10-12



Laura

- Nutrition Coalition was represented by Health Dept staff at National Night Out in Sparta on 8/2. The cornhole boards were used a fun activity. Our staff also had a booth at NNO in Tomah.
- -We are currently taking applications to fill two WIC positions (WIC nutritionist and WIC & Nutritionist Manager), also looking to fill a Public Health Nurse position. Details can be found here <https://www.co.monroe.wi.us/departments/personnel/current-job-openings>. Please share with any one who might be interested.

-August is National Wellness Month- a focus on self-care, managing stress and promoting healthy routines

Upcoming Events:

September National Fruits and Vegetables Month-We could provide a bingo card to children and families (through schools, daycares, etc.) similar to the one in the link below, but just focusing on fruits and vegetables. Directions could be something like: Cross off the fruits and vegetables that you eat throughout the month of September. At the end of the month they could turn in their sheet or submit a picture of it for a chance to win a prize. If you would like to help work on this and/or have additional ideas/suggestions please let April know.

https://myplate-prod.azureedge.us/sites/default/files/2020-12/Bingo_508.pdf

We also discussed doing social media posts throughout the month of September to promote fruits and vegetables using resources like the ones below. If you come up with post ideas please share them with April or Laura so they can be shared with the group.

<https://www.myplate.gov/>

<https://fruitsandveggies.org/nfvmtoolkit/>

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		<p>-October Sparta Fall Fest- October 8th from 8 a.m. to 3 p.m. Last year Lynn and April were there with the corn hole game boards and the fruits and vegetables photo op board. If you're interested in helping with this event let April or Laura know.</p> <p>-Other events?</p> <ul style="list-style-type: none"> • If you are aware of other events in other parts of the county, let us know
	All	<p>Other things to share, new ideas, etc.?</p> <p>Items for next agenda –send ideas to April or Laura for September agenda</p> <p>Meeting adjourned at 1:36 pm</p>

Next Meeting:	Tuesday, September 13 th 1-2pm
	Virtual