



**Tuesday, October 11<sup>th</sup>, 2022**  
 1:00-2:00 p.m.  
**Virtual**

**Facilitator: April Anderson**

**Recorder: Laura Reutlinger**

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Cindy Thesing, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Meghan Kinney, Mayo Clinic Health System; Patti Abbott/Pam Weber, ADRC; Emily Newbury/Shayla Furlano, Tomah Health; Matthew Grover, Hunger Relief Federation; Jordyn Crane, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Jeanette Burlingame, Community Health Solutions-Viroqua, Ashley Hemmersbach, Scenic Bluffs

**Attendees:** April Anderson, Laura Reutlinger, Patti Abbott, Shayla Furlano, Heidi Prestwood

| Item                           | Presenter | Information   |
|--------------------------------|-----------|---|
| Introductions/Icebreaker       | April     | Icebreaker: Apple cider or pumpkin spice?   |
| Minutes                        | April     | Review and approve –Approved  |
| Goals, Objectives & Strategies | All       | <ul style="list-style-type: none"> <li>-Organization Spotlight: Theresa Rogalla-Coulee Cap               <ul style="list-style-type: none"> <li>• Unable to attend, will move to November spotlight</li> </ul> </li> <li>-Organization Spotlight for November               <ul style="list-style-type: none"> <li>• Theresa Rogalla- Coulee Cap</li> </ul> </li> <li>-Organization Updates (15 minutes)- see below for updates</li> <li>-White House National Strategy on Hunger, Nutrition, and Health:<br/> <a href="https://www.whitehouse.gov/wp-content/uploads/2022/09/White-House-National-Strategy-on-Hunger-Nutrition-and-Health-FINAL.pdf">https://www.whitehouse.gov/wp-content/uploads/2022/09/White-House-National-Strategy-on-Hunger-Nutrition-and-Health-FINAL.pdf</a> </li> <li>-ADRC/Health Department Open House Recap               <ul style="list-style-type: none"> <li>• Coalition received thank you card from ADRC for providing snacks at event</li> </ul> </li> </ul> |

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|  |  | <ul style="list-style-type: none"> <li>• Almost all of the food was given out to attendees, left overs were used at Sparta Fall Fest</li> <li>• Received coverage in Monroe County Herald</li> </ul> <p>-Sparta Fall Fest Recap</p> <ul style="list-style-type: none"> <li>• Granola bars donated from Coulee Cap, produce from Community Hunger Solutions</li> <li>• Attendees enjoyed cornhole game board and spinner wheel</li> <li>• Great turnout</li> </ul> <p>-Apple Crunch –Oct. 13<sup>th</sup> <a href="https://cias.wisc.edu/our-events/applecrunch/">https://cias.wisc.edu/our-events/applecrunch/</a></p> <ul style="list-style-type: none"> <li>• Share your photos on FB/social media if you want to participate with your organization</li> </ul> <p>-October is National Seafood Month</p> <ul style="list-style-type: none"> <li>• April send news release to local paper to raise awareness for getting recommended amount of seafood</li> <li>• Consider posting about seafood on your organization’s social media</li> </ul> <p>-Review strategic plan and accomplishments</p> <ul style="list-style-type: none"> <li>• Reviewed Strategic Plan—2019-2022 <ul style="list-style-type: none"> <li>○ Will be doing deep-dive at November meeting. Please review Strategic Plan document and review your data sources (Ex. County Health Rankings) to compare changes over past years.</li> <li>○ Will also discuss goals for coalition moving forward. <ul style="list-style-type: none"> <li>• Same goals as previous Strategic Plan? What would you change?</li> <li>• Think about community events—is this something we want to have as a goal? Very few members have participated in events. Need to have more even distribution of participation</li> <li>• Low attendance at monthly meetings—will survey again in Dec. to plan for 2023. Propose new meeting time.</li> <li>• How to get community members involved in coalition? Social media, news release about Coalition—learn more/join</li> </ul> </li> </ul> </li> </ul> |
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| Organization Updates | Laura          | <p>Health Department</p> <ul style="list-style-type: none"> <li>Community Flu vaccine clinics available through month of October. See schedule here: <a href="https://healthymonroecowi.org/wp-content/uploads/2022/09/PUBLIC-Flu-Shot-Clinics-2022-English.pdf">https://healthymonroecowi.org/wp-content/uploads/2022/09/PUBLIC-Flu-Shot-Clinics-2022-English.pdf</a></li> <li>COVID vaccine clinics available every Friday 10am-6pm at Monroe County Health Department. New bi-valent boosters available.</li> <li>Continuing work on CHIP development. Starting CHA in 2023.</li> <li>New WIC and Nutritionist hired, started Oct 10. New WIC and Nutritionist Manager hired, starting Nov. 1</li> </ul>  |
|                      | Patti/Pam      | <p>ADRC</p> <ul style="list-style-type: none"> <li>Open house 9/30- successful event, positive feedback</li> <li>New Options Counselor started this week, fully staffed</li> <li>Working on getting people into congregate dining sites, more educational offerings. Home delivery numbers are good</li> </ul>   |
|                      | TBD            | WIC and Fit Families   |
|                      | Heidi          | <p>Sparta Chamber and Kiwanis</p> <ul style="list-style-type: none"> <li>Good turnout for Fall Fest over past weekend. Three days this year instead of one. Food/beer tasting for Prost (just over 100 participants). Saturday—40 vendors registered. Many new events for kids/families</li> <li>Upcoming Events: <a href="https://tourism.bikesparta.com/events">https://tourism.bikesparta.com/events</a></li> <li>Make a Difference Week- Supporting Not for Profit organizations, starting Oct 17<sup>th</sup></li> <li>Volunteers needed for yard clean up—helping the elderly, disabled, and vetrans with Fall yard cleanup/Winter prep.</li> <li>Halloween trick or treat with local businesses</li> <li>Open air market and Kriskindlmarkt</li> <li>Kiwanes—100 year gala this Friday <ul style="list-style-type: none"> <li>Providing pretzles/hot cocoa at Kriskindlmarkt</li> </ul> </li> </ul> |
|                      | Emily & Shayla | <p>Tomah Health</p> <ul style="list-style-type: none"> <li>Whitney Sanjari is back with Community Outreach dept.</li> </ul>  |
|                      | Meghan         | Mayo Clinic  |
|                      | Ashley         | Scenic Bluffs  |

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|              | Cindy   | Sparta School District  |
|              | Jesse   | Tomah School District   |
|              | Jayne & Theresa                                   | Ecumenical & CouleeCap  |
|              | April   | <p>UW-Extension</p> <ul style="list-style-type: none"> <li>• Nutrition lessons at Heritage Haven (low income, senior living)</li> <li>• Nutrition lessons with NOW 2<sup>nd</sup> grade starting Thursday</li> <li>• Continuing nutrition lessons with Hermany Elementary WIN after school 3<sup>rd</sup> grade</li> <li>• Strong Bodies—in person class at Barney Center in Sparta, virtual continues to be popular option – classes going on now thru December</li> </ul> |
|              | Jordyn  | Second Harvest & HungerCare Coalition   |
|              | Jeanette  | Community Hunger Solutions  |
|              | Monroe County<br>Community Health<br>Organization |   |
|              | All   | <p>Other things to share, new ideas, etc.?</p> <p>Items for next agenda</p> <ul style="list-style-type: none"> <li>• Dive into strategic plan –will be discussing at Nov meeting. Review data related to nutrition/physical activity</li> <li>• Survey of coalition members in Dec for 2023</li> </ul> <p>Meeting adjourned at 1:40pm</p>   |
| Next Meeting |   | <p><b>Tuesday, November 8<sup>th</sup> 1-2</b></p> <p><b>Virtual</b></p>  |