



Monroe County Mental Health Coalition Agenda

Vision: Improved mental wellness of Monroe County

Mission: "Improve access to mental wellness services and reduce stigma across the generations"

Date: **Thursday, October 20, 2022** Location: **Online/Phone**

Facilitators: Eryn Leahy Recorder: Eryn Leahy

Invitees: Mary Busching, Community Member; Rebecca Brandon, Mayo Clinic Sparta; Terry Rogalla, Fort McCoy; James Olson, Tomah VA; Jan Bruder, Brighter Tomorrows; Liz Evans, United Way; Christine Severson, Sparta Schools; Vicki Riley, Human Services; Natalie Morescki, Next Steps for Change; Scott Holum, Tomah Police Department; Wendy Patterson, Common Grounds Ministries; Amanda Kalisz, Gundersen Health System, Christie Harris, Gundersen Health System; Jeanne Meyer, Families First; Sierra Phillips, Tomah VA; Michelle Larson, DHS Western Region Office; Zachary Todd, DHS Western Regional Office; Amber Kulig, Sparta Area School District; Lindsey Preston, Gundersen Health System-Sparta; Karn Ofte-Schroeder, Ho-Chunk Nation Behavioral Health; Haley Lamprecht, Sparta Area School District; Mary Jacobson, Family and Children's Center; Amanda Falkers, AJ Falkers Counseling & Consulting Services; Amy Whitwam, Tomah Boys and Girls Club; Carmen Ortiz, Fort McCoy Army Community Services; Cindy Springborn, NOW School District; Dana Casberg, CouleeCap; Erin Jackson, Tomah VAMC; Ethan Hayes, Independent Living Resources; Jacqueline Bernard, Tomah VAMC; Joel Ames, Sparta Police Department; Jennifer Kukuk, Tomah VAMC; Lacie Ketelhut, Gundersen Health System; Michelle Clark, Tomah Area School District; Molly Betts, MHS Health; Rep. Nancy VanderMeer, 70th Assembly District; Carrie Olson, Community Member; Rep. Loren Oldenburg, 96th Assembly District; Ashley Santolin, Mayo Clinic Health System; Sarah Semrud, Office of Senator Brad Pfaff; Sean Sanford, Castle Rock Care; Brittany Sonie, Fort McCoy Army Community Services; Tammy Fischer, Fort McCoy Military & Family Life Counseling Program; Dr. Janet Nachowicz, Janet Nachowicz Counseling; Chris McGinnis, Mayo Clinic Health System; Julie Anderson, Community Member; Michelle Goldsmith, Tomah Health; Kevin Herman, Fort McCoy; Michelle Jorgensen, Mayo Clinic Health System-Tomah; Lorie Retzlaff, Fort McCoy; Kim Johnson and Doug Flock, Flocks Guardians; Spring Gunn, Community Member; Amanda Dinger, Arrow Behavioral Health/Next Steps for Change; Tia Meyer, Mayo Clinic Health System; Kaylynn Friend, Sparta School District; April Buchanan-Butler, Director of Family Promise of Monroe County; April Anderson, UW-Extension Monroe Co; Bridget Kimpel, Fort McCoy; Courtney Elliott, Gundersen Health System; Ryan Rayno, 181st Infantry Brigade, Fort McCoy

Attendees: Eryn Leahy, April Anderson, Tom Graber, Jesana Denter-Eckelberg, Lee Walraven, Liz Evans, Kaylynn Friend, Tammy Fischer, Jan Bruder, Carole Ewald, Michelle Larson, Terry Rogalla, Hannah Shimanek (note taker for Eryn)

Item	Presenter	Information	Conclusion/Action
Introductions/Icebreaker	All	Procedural: cleaning up contact list <ul style="list-style-type: none"> • Name • Organization • Title • Any mental health certifications/trainings you can provide 	If you weren't able to join the meeting, please send your updated contact information to Eryn ☺
Speaker Presentation	Jan Bruder (Brighter Tomorrows)	October is Domestic Violence Awareness Month: <ul style="list-style-type: none"> • Jan's slides are attached to the email with minutes. 	
Strategic Planning	Eryn Leahy	<ul style="list-style-type: none"> • Revisiting our previous plan and defining objectives and strategies moving forward. • Discussing what has went well and what we want to improve. 	We will wrap-up strategic plan conversation in



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		<ul style="list-style-type: none"> • Increasing outreach to community and providing more opportunities to educate the general community. • Looking at data (Community Health Rankings and YRBS) as a coalition when it's published. This will inform our work. • Issues with getting mental health care: insurance, lack of providers, etc. • We need to have concrete steps that will move into long-term solutions. • Having trainings/presentations during meetings. • We should have a steering committee to share the workload. • Creating informal supports – everyone could use this. 	November and discuss our next steps.
Review and Closing	Eryn Leahy	<ul style="list-style-type: none"> • Reminder: meeting minutes can always be found online at https://healthymonroecowi.org/partnerships/ under Mental Health Coalition meetings. • Utilizing Facebook to share events and consistent mental health messaging. Send any info you'd like shared to one of the admins of Facebook page in PNG or JPG to post to social media. • If you're unable to attend a monthly meeting, send program/agency updates to Eryn to be shared at the meeting. • Next meeting: Assign 2023 facilitators and discuss expectations with agenda items for who is facilitating. • Next meeting: Discuss rotating locations for in-person meetings for 2023. • Next meeting: When should we begin planning for Mental Health month events? 	
Next Meeting		<p>Next Meeting: November 17, 8:00-9:30. Virtual Facilitator: Brittany Sonie</p>	