



FOR IMMEDIATE RELEASE

November 15, 2022

Contact: Tiffany Giesler, RN, Director/Health Officer

Flu Shots Available on Fridays at Monroe County Health Department

Monroe County Health Department is offering flu shot community clinics on the following dates from 8:30 am-4 pm at 315 West Oak Street in Sparta:

- Friday, November 18, 2022
- Friday, December 2, 2022
- Friday, December 9, 2022

Monroe County Health Department is offering regular flu vaccine for \$30, which can be billed to your insurance, including Medicare, Medical Assistance, Senior Preferred, and third party insurance. Call for availability for walk-ins or schedule an appointment by calling us at 608-269-8666.

Every flu season is different and flu can affect people differently. Flu can mean a few days of feeling bad and missing work, school, or family events, or it can result in more serious illness including hospitalization. CDC recommends everyone 6 months and older gets a flu shot each year to prevent sickness from the flu. It takes about two weeks for the flu vaccine to protect against the virus, so make a plan today to get yourself and your family vaccinated.

In addition to getting your flu shot, take these extra steps to stop the spread of germs:

- Stay home if you're sick
- Cover coughs and sneezes
- Avoid touching your eyes, nose, and mouth
- Wash your hands often
- Clean and disinfect commonly touched surfaces and objects

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Healthy People, Healthy Monroe County