



Monroe County Mental Health Coalition Agenda

Vision: Improved mental wellness of Monroe County

Mission: "Improve access to mental wellness services and reduce stigma across the generations"

Date: **Thursday, February 16, 2023**

Location: **Hybrid (Health Department Conf. Room A)**

Facilitators: Terry Rogalla

Recorder: Eryn Leahy

Invitees: Ron Hamilton, Human Services; Mary Busching, Community Member; Rebecca Brandon, Mayo Clinic Sparta; Terry Rogalla, Fort McCoy; James Olson, Tomah VA; Jan Bruder, Brighter Tomorrows; Liz Evans, United Way; Christine Severson, Sparta Schools; Vicki Riley, Human Services; Natalie Morescki, Next Steps for Change; Scott Holum, Tomah Police Department; Wendy Patterson, Common Grounds Ministries; Amanda Kalisz, Gundersen Health System, Christie Harris, Gundersen Health System; Jeanne Meyer, Families First; Sierra Phillips, Tomah VA; Michelle Larson, DHS Western Region Office; Zachary Todd, DHS Western Regional Office; Katie Lelonek, Monroe County Health Department; Amber Kulig, Sparta Area School District; Lindsey Preston, Gundersen Health System-Sparta; Karn Ofte-Schroeder, Ho-Chunk Nation Behavioral Health; Haley Lamprecht, Sparta Area School District; Mary Jacobson, Family and Children's Center; Amanda Falkers, AJ Falkers Counseling & Consulting Services; Amy Whitwam, Tomah Boys and Girls Club; Carmen Ortiz, Fort McCoy Army Community Services; Cindy Springborn, NOW School District; Dana Casberg, CouleeCap; Erin Jackson, Tomah VAMC; Ethan Hayes, Independent Living Resources; Jacqueline Bernard, Tomah VAMC; Joel Ames, Sparta Police Department; Jennifer Kukuk, Tomah VAMC; Lacie Ketelhut, Gundersen Health System; Michelle Clark, Tomah Area School District; Molly Betts, MHS Health; Rep. Nancy VanderMeer, 70th Assembly District; Carrie Olson, Community Member; Rep. Loren Oldenburg, 96th Assembly District; Ashley Santolin, Mayo Clinic Health System; Sarah Semrud, Office of Senator Brad Pfaff; Sean Sanford, Castle Rock Care; Brittany Sonie, Fort McCoy Army Community Services; Tammy Fischer, Fort McCoy Military & Family Life Counseling Program; Dr. Janet Nachowicz, Janet Nachowicz Counseling; Chris McGinnis, Mayo Clinic Health System; Julie Anderson, Community Member; Michelle Goldsmith, Tomah Health; Kevin Herman, Fort McCoy; Michelle Jorgensen, Mayo Clinic Health System-Tomah; Lorie Retzlaff, Fort McCoy; Kim Johnson and Doug Flock, Flocks Guardians; Spring Gunn, Community Member; Amanda Dinger, Arrow Behavioral Health/Next Steps for Change; Tia Meyer, Mayo Clinic Health System; Kaylynn Friend, Sparta School District; April Buchanan-Butler, Director of Family Promise of Monroe County; April Anderson, UW-Extension Monroe Co

Attendees: April Anderson, Eryn Leahy, Terry Rogalla, Lindsey Goyette, Kaylynn Friend, Tammy Fischer, Michelle Jorgensen, Carole Ewald, Mandy Dinger, Vicki Riley, Sierra Phillips, Kyle Erickson, Brittany Sonie

| Item | Presenter | Information | Conclusion/Action |
|--------------------------------------|------------|--|---|
| Introductions/Icebreaker | All | Procedural | |
| Objective Tracking of strategic plan | Eryn Leahy | What's our progress on our strategic plan? | Mental Health Education & Training: <ul style="list-style-type: none"> • Having in-person community trainings • Tracking coalition members' presentations • April could present on MHFA, QPR, We Cope • Eryn is working on Facebook page • Carole to present to coalition • Sierra encouraged sharing our agencies opportunities and pulling the strengths of our members to educate each other |



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| | | | <ul style="list-style-type: none"> • Observances outside of May to be more visible and sustainable • Mandy shared ideas of Chamber of Commerce lunch, harm reduction presentations, and school Narcan trainings • Mayo is willing to volunteer at events • Terry suggested creating another workgroup to plan and coordinate coalition events <p>Systems Change and Advocacy:</p> <ul style="list-style-type: none"> • Push/promote our Resource guide to help in the meantime during long wait time • Inviting new members – Brave Spaces and Core in Sparta • Meeting with Suicide Prevention Taskforce • Including our mayors • Presenting to county board • Creating a policy workgroup? <p>Trauma-Informed Care: RTIC to discuss</p> <p>Increase Member Engagement:</p> <ul style="list-style-type: none"> • Working to create steering committee • People interested: April, Terry, Vicki • Please reach out if you're interested |
| Agency Updates | All | Share any updates | <p>Mandy Dinger (Next Steps/Arrow Behavioral Health):</p> <ul style="list-style-type: none"> • Grant to expand/extend needle exchange • Looking at wait list for peer services – getting lots of referrals! Counseling too <p>Vicki Riley (Human Services):</p> <ul style="list-style-type: none"> • 2 additional CCS trainers – working through referral list • Legislative coalition to address people who have medicare not being able to see certain LPCs – lots of gaps (Wisconsin issue) |



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| | | | <p>Kaylynn Friend (Sparta School District):</p> <ul style="list-style-type: none"> • New director of student services, interested in attending meetings in future • Applying for School based mental health grant to continue integrated mental health program for another 2 school years <p>Carole Ewald (Tomah VA):</p> <ul style="list-style-type: none"> • January 17th COMPACT Act is live. Bill signed for veterans that are assessed to be in "acute suicidal crisis" to make care free (emergency care, hospitalization) • VA Chaplain collaborating on rural clergy training in effort to educate on working with service members, veterans, and suicide prevention/gatekeeper training <p>Kyle Erickson (Sparta PD School Resource Officer)</p> <ul style="list-style-type: none"> • Presentation at Meadowview on vaping – 12 people attended • Wanting to do social media awareness on sexting for teenagers and cyber bullying <p>Terry Rogalla (Fort McCoy):</p> <ul style="list-style-type: none"> • 2 day ASIST class: April 3-4 – email Terry • Guest speaker presenting on experience on seeking help Retired Sergeant Major – email Terry • Flyers will be sent with minutes |
| Mental Health Month Planning | All | Planning for May's events as a group | <ul style="list-style-type: none"> • April sent Doodle poll for planning committee to setup first meeting • Mindful Movement for Mental Wellness event • In-person proclamation signing by local legislators and presentation on mental health/lived experience (May 4?) |



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| | | | <ul style="list-style-type: none"> Eryn and Vicki will work on the proclamation signing event and will be part of the Mental Health Month planning group discussion Looking into where we can hold an in-person proclamation signing We will update the group after our first committee meeting! |
| Upcoming Events | All | <ul style="list-style-type: none"> ASIST Training April 3-4 at Fort McCoy April 19th Prevention Day Fort McCoy guest speaker March 2-4 | <p>Eryn will share flyers with minutes</p> <ul style="list-style-type: none"> Strong Bodies classes in-person at Tomah Rec. Park Wednesday, March 1 – May 10 from 9-10 am on Mondays and Wednesdays (\$36.75) Virtual classes continuing as well - free (https://forms.gle/uqCug3m8twMDkshUA) |
| Review and closing | All | Review action items, and any next agenda items | STAR Center to present at March 16 th meeting |
| Next Meeting | | <p>Next Meeting: March 16, 2023, 8:00-9:30. Virtual</p> <p>Facilitator: Vicki Riley</p> | |