



Tuesday, March 14th 2023
 1:00-2:00 p.m.
Virtual

Facilitators: April Anderson

Recorder: April Anderson

Invitees: Jayne Harris, Ecumenical Food Pantry; April Anderson, Monroe County UW-Extension; Theresa Rogalla, Couleecap; WIC RDN/Fit Families Coach; Jesse Bender, Tomah Schools; Cindy Thesing, Sparta Schools; Doug Staller, Neighbor for Neighbor Food Pantry; Tori Erickson, Mayo Clinic Health System; Patti Abbott, ADRC; Whitney Sanjari/Shayla Furlano, Tomah Health; Matthew Grover, Hunger Relief Federation; Jordyn Crane, Second Harvest; Heidi Prestwood, Sparta Chamber of Commerce/Kiwanis; Laura Reutlinger, MCHD; Jeanette Burlingame, Community Health Solutions-Viroqua; Paige Zimmerman, WIC Nutritionist; Bryanna Hoff, WIC Manager & Nutritionist

Item	Presenter	Information
Introductions /Icebreaker	April	Icebreaker: What is your favorite way to get your body moving?
Minutes	April	Review and approve
Goals, Objectives & Strategies	All	-Organization Updates (15 minutes) -Strategic Plan-Which strategies do you want to work on?/Timeline for strategy work to be completed by -Policy, Systems, & Environments (PSE)-What is your current understanding of PSE?
	Laura	Health Department
	Patti	ADRC -We are making plans for our annual Senior Celebration on May 19 to be held under a tent in our parking lot with a picnic style meal and members of the County Board assisting and music by the Sparta HS Vocal jazz Choir. The health Dept will be doing BP checks and have a table as well as our corn hole game and ADRC table with information. Details are still being worked out.
	Paige/ Bryanna	WIC and Fit Families- We will be at the Sparta Head Start this Thursday for a Family Night. The topic is eating on a budget. We are utilizing resources from eatright.org. We will be bringing the cornhole game with for families. The health department will be providing information about the car seat program. We plan to share our Fit Families newsletter with Head Start. We continue to enroll people into WIC/Fit Families and we are planning to provide reinforcement items.
	Heidi	Sparta Chamber and Kiwanis
	Whitney & Shayla	Tomah Health
	Tori	Mayo Clinic
	Cindy	Sparta School District
	Jesse	Tomah School District

	Jayne & Theresa	Ecumenical & CouleeCap
	April	UW-Extension – I wrapped up nutrition lessons with children at Ahuco (Ho-Chunk) Head Start and with first graders at Herrman Elementary’s WIN After School program. I will begin lessons with second graders next Monday at Herrman. The current virtual StrongBodies class ends on March 29 th and will resume again on April 17 th . The in person class in Tomah started on March 1 st . There are almost 30 participants already.
	Jordyn	Second Harvest & HungerCare Coalition
	Jeanette	Community Hunger Solutions
	Monroe County Community Health Organization	
	All	Other things to share, new ideas, etc.? Items for next agenda
Next Meeting		Tuesday April 11 th 1-2 Virtual