



## Monroe County Mental Health Coalition Agenda

*Vision: Improved mental wellness of Monroe County*

*Mission: "Improve access to mental wellness services and reduce stigma across the generations"*

Date: **Thursday, March 16, 2023**

Location: **Virtual**

Facilitators: **Vicki Riley**

Recorder: **Eryn Leahy**

**Attendees:** April Anderson (UW Extension), Eryn Leahy (Monroe Co. Health Department), Terry Rogalla (Fort McCoy), Vicki Riley (Monroe Co. Human Services), Mandy Dinger (Next Steps for Change), Heidi Odegaard (Mayo Southwest WI), Kyle Erickson (Sparta SRO), Chris Burks (Great Rivers HUB), Bri Colton (STAR), Kaylynn Friend (Sparta School District), Tammy Fischer (Fort McCoy), Dr. Amanda Falkers (AJ Falkers Counseling)

Item	Presenter	Information	Conclusion/Action
Introductions/Icebreaker	All	Procedural	
STAR Center Presentation	Bri Colton	Overview of STAR Center in La Crosse	<ul style="list-style-type: none"> <li>• Sport, Therapeutic, and Adaptive Recreation Association: removing barriers for people to be active</li> <li>• Filling the Gap of Opportunity</li> <li>• Programs available Monday - Thursday</li> <li>• Calendar: <a href="https://starcenterlacrosse.org/events/">https://starcenterlacrosse.org/events/</a></li> <li>• Universal access facility is still long-term goal</li> <li>• Sessions run 8-10 weeks</li> <li>• Classes are \$40, adaptive equipment supplied for free</li> <li>• Spread the word! And volunteer!</li> </ul>
Agency updates	All	Share any updates	<p>Vicki Riley (Human Services)</p> <ul style="list-style-type: none"> <li>• 2 new facilitators starting to get cases transferred to them – opening up room for more cases and opening CCS enrollment soon!</li> <li>• Mental Health Nurse Position is still open – looking for applications!</li> <li>• Providing suicide prevention training for jail staff and Chapter 51 process</li> </ul> <p>Sierra Phillips (Tomah VA) – unable to join, Eryn shared</p> <ul style="list-style-type: none"> <li>• Virtual Mental Health Summit on May 9<sup>th</sup> from 10-11:30 via teams.</li> <li>• Intent is to provide information, resources and updates on mental health related to Veterans and to foster open communication with community partners, service providers, and stakeholders.</li> </ul>

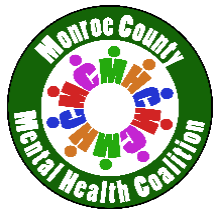


## Monroe County Mental Health Coalition Agenda

*Vision: Improved mental wellness of Monroe County*

*Mission: "Improve access to mental wellness services and reduce stigma across the generations"*

			<p>Eryn Leahy (Health Department)</p> <ul style="list-style-type: none"> <li>If you want to volunteer for Substance Use Prevention Day event on April 19<sup>th</sup> (need volunteers for the 18<sup>th</sup> as well), please fill out the volunteer form attached to the email</li> </ul> <p>Terry Rogalla (Fort McCoy)</p> <ul style="list-style-type: none"> <li>Sign up for ASIST class – it’s free!</li> <li>Very busy, summer training season coming up</li> </ul> <p>Kaylynn Friend (Sparta SD)</p> <ul style="list-style-type: none"> <li>Writing mental health grant – district wide services</li> </ul> <p>Chris Burks (Great Rivers HUB)</p> <ul style="list-style-type: none"> <li>Have expanded in Monroe County with Families First (1 Community Health worker, hiring a second)</li> <li>Doing lots of self-referrals and able to take referrals from outside – will share more in future</li> </ul> <p>April Anderson (UW-Extension)</p> <ul style="list-style-type: none"> <li>First QPR – Together with Veterans at Sparrows Nest</li> <li>Help spread the word/flyers for rural QPR classes</li> <li>Busy with Mental Health Month Committee</li> </ul> <p>Dr. Amanda Falkers (AJ Falker’s Counseling)</p> <ul style="list-style-type: none"> <li>2 new employees and 1 new contractor that have behavioral health openings! Sparta and Tomah</li> </ul> <p>Tammy Fischer (Fort McCoy)</p> <ul style="list-style-type: none"> <li>Outreach and engagement for service members to get information about resources available – any active service members looking for non-medical counseling</li> </ul> <p>Mandy Dinger (Next Steps for Change)</p> <ul style="list-style-type: none"> <li>Very busy with services provided</li> </ul> <p>Kyle Erickson (Sparta SRO)</p> <ul style="list-style-type: none"> <li>School district doing very well addressing youth mental health</li> </ul>
Mental Health Month Planning	Mental Health Month Committee	Where are we at with plans? What do you need from the group?	<ul style="list-style-type: none"> <li>Things are going well, we’ve met a couple times</li> <li>Eryn made flyer for event – will be shared to group</li> <li>Same registration form as last year</li> </ul>



## Monroe County Mental Health Coalition Agenda

*Vision: Improved mental wellness of Monroe County*

*Mission: "Improve access to mental wellness services and reduce stigma across the generations"*

			<ul style="list-style-type: none"> <li>• Planning a walking event to kick off or wrap up event</li> <li>• Eryn and Vicki working on proclamation</li> </ul>
Upcoming Events	All	Share any events or opportunities with the group to spread the word	April 3-4: ASIST Training at Fort McCoy April 19: Substance Use Prevention Day
Review and closing	All	Review action items, and any next agenda items	<ul style="list-style-type: none"> <li>• Finalize speaker for proclamation signing</li> <li>• Eryn will ask Janice to come present to our group</li> </ul>
Next Meeting		<b>Next Meeting: April 20, 2023, 8:00-9:30. Virtual</b> <b>Facilitator: Molly Betts</b>	