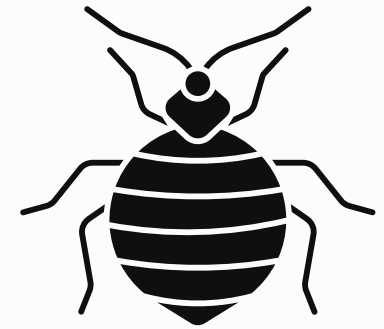
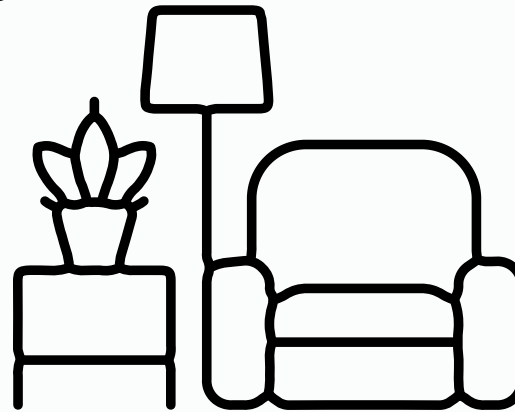


BED BUGS 101



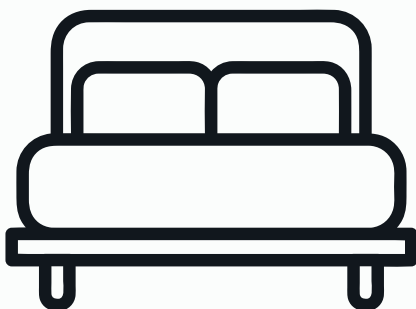
Q: What is a bed bug & what do they look like?

A: Small, flat, red/brown in color, wingless insects that feed on human and animal blood, usually during the night.



Q: Where do bed bugs live?

A: Where people live and sleep, such as homes, apartments and hotel rooms. Bed bugs generally stay within 8-10 feet of a bed. They hide in seams of mattresses, crevices of headboards, box springs and nightstands.





BED BUGS 101

Q: How do bed bugs spread from place to place?

A: By bringing clothing, used furniture, luggage or other belongings from an infested home. Bed bugs can travel from infested rooms or units in apartment buildings and hotels to other rooms searching for a ‘blood meal’.

Q: What are the health concerns associated with bites from bed bugs?

A: Bed bugs do not spread diseases or illnesses to people or animals. However, everyone responds differently to insect bites, ranging from itching to allergic reactions.



Q: How do I know if I have a bed bug problem?

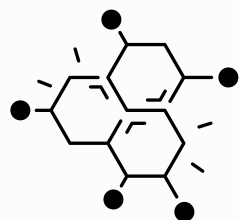
A: Finding bug bite marks on your skin, live or dead bed bugs on sheets or mattresses, finding shed skins or eggs and dark colored stains or spots on mattresses or bed sheets are an indication of having bed bugs.

HOW DO I GET RID OF BED BUGS?

1. **Heat Treatment** - heating up a room and its contents to at least 120 degrees will kill bed bugs.



2. **Chemical Treatment** - approved chemicals can be applied by a pest control company in cracks and crevices where bed bugs hide.

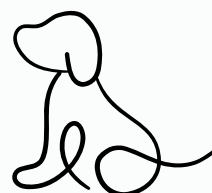


3. **Steam Treatment** - a heat steamed device can be used on furniture, mattresses and box springs to kill bed bugs.



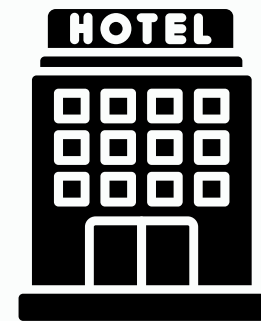
4. **Vacuuming** - a vacuum can be used to physically remove bed bugs.

5. **Bed bug trained dog** - a trained bed bug dog team with a trained handler can be used to locate and clear a room for use.



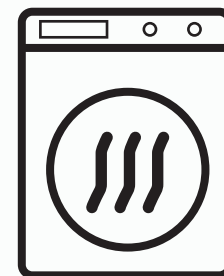
HOW DO I PROTECT MYSELF WHILE TRAVELING?

1. When you first walk into a hotel room, place luggage and belongings in the bathroom or bathtub until you have verified that there are no bed bugs. Check the mattress and box spring, headboard and other furniture that are within 10 feet from the bed for evidence of bed bugs.



2. Ask the hotel what precautions they are taking to prevent bed bug infestations. Ensure they have a plan to handle and monitor rooms for bed bugs.

3. Carefully inspect your luggage and belongings for the insects or their eggs prior to returning home.



4. When you return home, place your clothing in a dryer on the hottest setting (above 120 degrees F) for at least 20 minutes.

WHO DO I CONTACT IF I FIND AN INFESTATION?

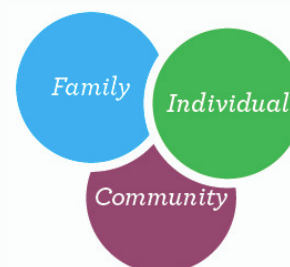
Hotel: Contact the hotel manager or housekeeping staff

Rental Property: Your landlord or property manager

Own home: a professional pest control company



If you wish to file a complaint with the Department of Agriculture, Trade and Consumer Protection (DATCP) for lodging facilities or landlord/tenant concerns of bed bugs, call 800-422-7128 or it can be filed online on the DATCP website.



Monroe County
Health
DEPARTMENT